

3 Year Old Developmental Milestones: A Development Snapshot

A simple way to recognise and celebrate your child's development

Every child develops in their own way and at their own pace. Use this guide to recognise emerging skills, celebrate new achievements and reflect on your child's individual journey of development.

CHILD'S NAME:

DATE:

PHYSICAL DEVELOPMENT

- ☐ Runs confidently
- ☐ Jumps with both feet together
- ☐ Climbs playground equipment
- ☐ Pedals a tricycle or ride-on toy
- ☐ Balances briefly on one foot

FINE MOTOR SKILLS

- ☐ Draws simple shapes
- ☐ Uses child-safe scissors with supervision
- ☐ Threads large beads
- ☐ Holds crayons with increasing control
- ☐ Feeds themselves using a fork and spoon

LANGUAGE & COMMUNICATION

- ☐ Speaks in short sentences
- ☐ Follows simple instructions
- ☐ Asks and answers questions
- ☐ Enjoys stories, songs and conversations
- ☐ Talks about people or experiences

COGNITIVE DEVELOPMENT

- ☐ Sorts objects by colour, shape or size
- ☐ Completes simple puzzles
- ☐ Recognises familiar colours
- ☐ Enjoys imaginative play
- ☐ Solves simple everyday problems

SOCIAL & EMOTIONAL DEVELOPMENT

- ☐ Plays cooperatively with other children
- ☐ Takes turns with support
- ☐ Expresses a range of emotions
- ☐ Shows kindness and empathy to others
- ☐ Follows familiar routines

INDEPENDENCE

- ☐ Washes hands with minimal assistance
- ☐ Helps tidy up after play
- ☐ Dresses with some assistance
- ☐ Helps prepare simple snacks
- ☐ Enjoys completing everyday tasks

Every child follows their own path of development. These milestones offer a point of reference while respecting each child's individual pace and emerging abilities.

At Montessori Academy, we nurture children's confidence, independence and love of learning through purposeful, hands-on experiences that support every stage of development.